



## SEMEN ANALYSIS

### COLLECTION OF SPECIMEN

1. Abstain from ejaculation for 2-7 days.
2. Collect complete ejaculate (by masturbation) into the container provided.
3. Label the container with your surname, first name, date of birth, date and time of collection.
4. Mark the container 'Fertility' or 'Post-Vasectomy' as the case may be.
5. Do not refrigerate.

### DELIVERY OF SPECIMENS

1. If your doctor has given you instructions concerning the timing of delivery, follow those instructions.
2. Rapid delivery of the specimen to the laboratory is essential for accurate results. If possible, you should deliver the specimen to the nearest laboratory (see over) within 1 hour of collection.
3. If you cannot deliver the specimen directly to the nearest laboratory, it can be taken to a collection centre, but this may cause transport delay and affect the results.



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### METROPOLITAN LABORATORIES

LOCATION		TELEPHONE	WEEKDAYS	SATURDAY
<b>Crows Nest</b>	Mater Hospital, Lower Ground Floor, Rocklands Road, Crows Nest	(02) 8913 2200	8am–4pm	Closed
<b>Kogarah</b>	St George Medical Complex, Level 5/Suite 1, 1 South Street, Kogarah	(02) 9553 9888	9am - 3pm	8am–12noon
<b>Liverpool</b>	Ground Floor, Unit 26 / 16–18 Bigge Street, Liverpool	(02) 8778 1999	8.30am–7pm	9am–2pm
<b>Macquarie Park</b>	14 Giffnock Avenue, Macquarie Park	(02) 9855 5222	8am–8pm	8am–6pm
<b>Penrith</b>	31–33 Lawson Street, Penrith	(02) 4734 6500	8.30am–5.30pm	9am–11am
<b>Westmead</b>	Westmead Private Hospital, Ground Floor, Suite 16, Cnr Mons and Darcy Road, Westmead	(02) 8833 2800	8am–4pm	9am–12noon
<b>Windsor</b>	Hawkesbury District Hospital, Cnr Day and Macquarie Streets, Windsor	(02) 4560 5532	8am–4pm	Closed