



## 24-HOUR HOLTER MONITOR

### PATIENT INSTRUCTIONS

Your appointment is at:

Collection Centre: \_\_\_\_\_

Day: \_\_\_\_\_ Date: \_\_\_ / \_\_\_ / \_\_\_

Time: \_\_\_\_\_

Your return appointment is at:

Collection Centre: \_\_\_\_\_

Day: \_\_\_\_\_ Date: \_\_\_ / \_\_\_ / \_\_\_

Time: \_\_\_\_\_

**The Holter monitor is to be worn for a period of 24 hours.**

### PRE-TEST PREPARATION

The device can not get wet. We advise that you shower prior to having the device fitted and to avoid using body lotions, oils or powders.

For your own comfort, we recommend you wear a loose fitting shirt.

### IMPORTANT NOTE

Mobile phones may be used, however please ensure you do not carry mobile devices near the Holter monitor, as this may interfere with the reading.

CT or MRI scans can not be performed whilst wearing the Holter monitor.

### ACCOUNT INFORMATION

You will receive an account for the Holter monitor. Your out-of-pocket expense after claiming your Medicare rebate will be no more than \$60\*.

Pensioners or current health care card holders are excluded.

**If you require further information please contact the Collection Centre where you have booked an appointment.**

\*correct at time of printing