



## SEMEN ANALYSIS

### COLLECTION OF SPECIMEN

1. Abstain from ejaculation for 2-7 days.
2. Collect complete ejaculate (by masturbation) into the container provided.
3. Label the container with your surname, first name, date of birth, date and time of collection.
4. Mark the container 'Fertility' or 'Post-Vasectomy' as the case may be.
5. Do not refrigerate.

### DELIVERY OF SPECIMENS

1. If your doctor has given you instructions concerning the timing of delivery, follow those instructions.
2. Rapid delivery of the specimen to the laboratory is essential for accurate results. If possible, you should deliver the specimen to the nearest laboratory (see over) within 1 hour of collection.
3. If you cannot deliver the specimen directly to the nearest laboratory, it can be taken to a collection centre, but this may cause transport delay and affect the results.



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### REGIONAL LABORATORIES

LOCATION		TELEPHONE	WEEKDAYS	SATURDAY
<b>Bathurst</b>	Bathurst Private Hospital, Gormans Hill Road, Bathurst	(02) 6331 2165	Appointment only	Closed
<b>Dubbo</b>	223A Darling Street, Dubbo	(02) 6826 5455	9am–5.30pm	N/A
<b>Gateshead</b>	Lake Macquarie Specialist Medical Centre, Level 1, 6–8 Sydney Street, Gateshead	(02) 4904 9600	8am–6pm	Closed
<b>Gosford</b>	Suites A&B, 12 Jarrett Street, North Gosford	(02) 4337 3555	8am–4pm	Appointment only
<b>Mildura</b>	127 Langtree Avenue, Mildura	(03) 5021 1626	8.30am–4pm	Appointment only
<b>Orange</b>	7–9 Dora Street, Orange	(02) 6393 9700	Appointment only	N/A
<b>Port Macquarie</b>	87 Lord Street, Port Macquarie	(02) 6589 2900	9am–5.30pm	N/A
<b>Tamworth</b>	199 Peel Street, Tamworth	(02) 6766 2401	Appointment only	N/A
<b>Taree</b>	1/65 Pulteney Street, Taree	(02) 6551 5453	9am–3.30pm	Closed
<b>Wagga Wagga</b>	St Gerard's Wing, Calvary Hospital, Hardy Avenue, Wagga Wagga	(02) 6932 6700	9am–3pm	8.30am–12noon